



Sex and Relationships Education



SRE

What is sex and relationships education?

Sex and relationships education at Hoyland Springwood follows government and national guidelines and aims to develop children's confidence in talking, listening and thinking about feelings and relationships. It also teaches children to name body parts correctly and to understand how bodies work and how they change at the main stages of a child's life, for example during puberty. Most importantly, it helps children to develop the skills and understanding they need to live healthy and confident lives.

What will your child learn?

FS	Work and play cooperatively, form positive relationships with adults and children, Name body parts and show respect for myself, that we all start as babies and grow into children and then adults.
Year 1	Identify the people who love and care for me, how to respond safely to adults they don't know, that we experience different feelings, to name body parts.
Year 2	What makes a good friendship, strategies to resolve arguments, how to listen to other people and play and work cooperatively, to name the main parts of the human body including external genitalia, growing and changing from young to old.
Year 3	Understanding feelings, people who can help, keeping clean, good touch bad touch and the human life cycle
Year 4	My school family, my home family, extended families, physical and emotional changes of puberty, personal hygiene.
Year 5	Changing family roles, standing up for our rights, friendship and feelings, male and female body changes, sexual reproduction and conception, viruses and HIV
Year 6	Stress and how to deal with it and changing emotions. Development of the fetus from conception to birth. Keeping our bodies safe and contraception.

How will sex and relationship education be taught?

It is part of the personal, social, health and emotional education (PSHE) curriculum and will be taught by your child's teachers and teaching assistants. A variety of resources will be used to make the lessons interesting and informative. Your child may also bring home work to support them in their learning.



This is a summary of our school's SRE policy. If you require a copy of the full version, please contact

Mrs Hunt (Headteacher)

Useful Contacts

School Telephone Number: 01226 743815

Deputy Headteacher and PSHE Leader: Mrs Rachel Parker

School Parent Support Advisor: Mrs Sarah Johnson

Headteacher Mrs Jen Hunt

