



Hoyland Springwood Primary School

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Headteacher: Mrs Jennifer Hunt

Executive Headteacher: Mrs Gerry Wilson

Tuesday 15th March 2021

Dear Parents / Carers,

Relationships and Sex Education

As part of the Personal, Social, Health Education (PSHE) curriculum, all children are required to follow age appropriate relationship and sex education lessons. The purpose of Sex and Relationship Education (SRE) is to provide knowledge and understanding of how the human body changes within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of positive family life. The children will be covering this part of the curriculum during summer term.

If young people start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices.

The key aims of SRE are to:

1. Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
2. Establish an awareness of the importance of positive family life and relationships.
3. Foster self-awareness and self-esteem.
4. Develop a sense of responsibility and respect for themselves and others.

Please find attached a leaflet giving a brief overview of what pupils will be learning. The subject matter and resources have been approved by our Governing Body and we feel the content is appropriate for each year group. Copies of the full scheme of work are available on request.

We would normally offer the opportunity for parents and carers to come into school to look at the range of teaching resources used, the curriculum coverage prior to the lessons being taught, and ask any questions they may have. Although we are not currently in a position to offer face to face parental workshops, please do not hesitate to contact me or your child's class teacher if you have any questions or require further information.

Yours sincerely,

Rachel Parker
Deputy Head & PSHE Lead