



Hoyland Springwood Primary School

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Headteacher: Mrs Jennifer Hunt
Executive Headteacher: Mrs Gerry Wilson

Thursday 15th October 2020

Dear Parent/Carer,

In our PSHE lessons this term, we will be discussing the NSPCC's Underwear Rule. This is designed to teach pupils how to stay safe from sexual abuse, without giving explicit information or telling scary stories or even using the term "sexual abuse." In the lesson, children will learn about the 'PANTS' acrostic, which stands for:

- P - Privates** are private
- A - Always** remember your body belongs to you
- N - No** means no
- T - Talk** about secrets that upset you
- S - Speak up**, someone can help

The lesson will be delivered in a way that's fully age-appropriate. More information about the Underwear Rule, including a short film and a parent guide can be found at nspcc.org.uk/underwearrule

Kind regards,

J. Hunt

Mrs K. Hoyle
Year 1 and Year 2 Class Teacher

Mrs Jennifer Hunt
Headteacher

